



Queen's Platinum
Jubilee 2022

Small Talk Preschool Newsletter May and June 2022



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Welcome to our May and June 2022 addition of our Newsletter.

Firstly, a huge thank you!

On behalf of our Small Talk team we would like to say thank you to you all for being so understanding during our staffing issues. I really hope we can say a strong farewell to Covid now!! Thank you once again.



Walk with Wheels

Walk with Wheels Week runs from 16-20 May 2022 and is a chance to

focus on active travel on your way to and from pre-school. The week-long challenge is to encourage all children, parents and carers to walk, scoot or cycle to your child's setting each day, all or part of the way. This initiative is designed to encourage and establish healthy habits on the journey to preschool and, over the longer term, to instill a life-long commitment to active travel. Your child could win a Family Park Ticket for Paultons Park or a Treasure Trails voucher and you could also help Small Talk to win a fantastic active travel prize. All children will receive a travel passport for their challenge to be recorded. More information to follow.

**Walk with
Wheels Week**
16-20 May 2022

Mental Health Awareness Week



During week commencing 9th May 2022 we will be focusing on 'looking after

ourselves'. This will include re visiting the Colour Monster and recognizing our own emotions as well, as feelings of others. The younger age group will touch base with this topic using props and stories. The older children will cover this area in more detail. On Wednesday 11th May the older children who attend this session we be participating in a 'Spa day" activity. They are more than welcome to bring along a dressing gown and slippers.

Children's emotional wellbeing is just as important as their physical health. Good mental health helps them develop the resilience to cope with whatever life throws at them and grow into well-rounded, healthy adults.

Things that can help keep children and young people mentally well include:

- being in good physical health, eating a balanced diet and getting regular exercise
- having time and freedom to play, indoors and outdoors
- being part of a family that is happy and secure
- attending an early years setting or school that looks after the wellbeing of all its children

- taking part in local activities.

Other factors are also important, including feeling loved, trusted, understood and safe. Children who are optimistic, resilient, have some control over their lives and feel like they belong are more likely to have good mental wellbeing.

School leavers

Now that school places have been allocated, can you please inform preschool which school your child will be moving on to. The initial transition begins when schools contact us to organize a visit with your child, during one of their preschool sessions. We will also have the opportunity to visit with your child. Please look out for any communications from your school because they usually organize a fun activity for your child's new class before



the beginning of the September term.

Family Photos

The staff are currently creating family boards within the preschool for all age groups, it would be greatly appreciated if we could have a photograph of your child with their family members that we can display. This will then be used for topic of discussions, as well as encouraging a sense of belonging at home and at preschool. Thank you.



Queens Jubilee

Due to the Queens Jubilee being held on 2nd and 3rd June during half term, Small Talk will be



holding a Garden Party Lunch on Friday 27th May 2022 to join in with the celebrations. This will be for the children who attend a Friday lunch time session only. However, during the whole week (23rd – 27th May) children are invited to wear princess/knight/king dressing up clothes or red, white and blue. We will also be carrying out lots of exciting activities linked with the theme during the week, so all children have the opportunity to get involved.

Reminders;

Please can all parents provide a named sun-cream for your child, which could stay at preschool.. Also can you ensure on warm, sunny days your child has a named sun hat. Many thanks

If your child is wearing nappies please ensure you bring wipes and cream (if needed). They can either be stored here with their nappies or please provide them each session your child is attending. Thank you.

Dates for your Diary

Friday 27th May – Garden Lunch party

Friday 1st July – Preschool Inset Day/Setting Closed

Thursday 21st July – School Leavers Graduation/ Inset day for all other children.

